



**GOLF TIPS FROM BETH
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This month's tip, "Where is your head, when putting?"

I was golfing with a friend recently, who just had a putting lesson. One of the items pointed out to her, during her lesson, was that she was standing too far away from the ball and reaching with her putter. This in turn created a swiping motion at the ball, as opposed to a relaxed pendulum type back swing and follow through.

So, next time at putting practice, take note of where your head is positioned. Are you standing with your head in an upright position and behind the ball? Or is your head/eyeballs directly over your golf ball at address. Not only with this help with a smooth pendulum type putting stroke, it will also give you a better visual line on your putt.

Keep swinging and keep your head down! Until next time, happy golfing.