



**GOLF TIPS FROM BETH
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This month's tip, "Picking a line for your shot".

Some if not all of us, have a difficult time with alignment of our shots. You think you have yourself lined up for your shot only to have it miss the target by 20 or 30 yards. It only takes inches to translate to yards once the shot is hit. There is a simple technique that everyone can use, to reduce your wayward shots. It does work, but only if you use it all of the time. Make it part of your routine and trust it. I personally use it on every single shot I hit and it is part of my routine.

Whether you are approaching your next shot in the fairway or teeing the ball up on the tee, you can use this technique. Stand 5 to 8 feet behind your ball and visualize the line for your ball flight. In your mind, see the line a few feet in front of the ball. Pick out a blade of grass, broken tee, a leaf or some item you can line up to. This spot is 2 feet in front of your ball. DO NOT remove your eyes from this spot. Address and align your ball, to the spot. Once you have addressed the ball, DO NOT look at your target, in the distance. This will give you a false reading on your alignment. You will then second guess your alignment and start moving your feet and your body to compensate.

If you want to get use to this technique, try this while working on the driving range. Stand behind each shot, pick a target, visualize the line and pick a spot 2 feet in front of the ball. Make this part of your routine and I promise you that this will help. But here is Beth's disclaimer; I cannot guarantee that your ball will hit its target, if you slice, hook, chili-dip, top-it or chunk-it. Happy golfing;-}