



GOLF TIPS FROM BETH
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This month's tip, "follow through on your short shots".

Most of us amateur golfers have a tendency to be timid around the green, as opposed to aggressive and bold. Some of our many thoughts inside of 50 yards might be "Don't hit it thin, or it will run through the green." or "I just want to plop it on the green and let it run to the hole." or "Don't hit it too hard, I am not that far away." All of these thoughts, if you notice, are timid, negative thoughts.

What we should be thinking is "this is going in the hole" or "land it 3 feet short of the pin and hit the pin." This would be a more bold and positive approach. You want to attack the green not shy away from it.

To put these thoughts into action, I recommend you follow through on all of your short game shots. From your sand wedge, to your pitching wedge, to your putter, FOLLOW THROUGH. All too often I will watch golfers take a few practice swings, with a wedge, and have a nice relaxed follow through. Then they address the ball and every muscle in their body tightens up and the swing becomes short, abbreviated and decelerated. With this type of swing you will not get the ball to the hole. I believe most of us would rather the ball runs past the hole than to come up well short. So be bold around the green and swing freely.